

**GUIDELINES FOR THE  
"NO RECALL" STARTING PROCEDURE  
TRI-COUNTY LEAGUE**

**RATIONALE**

The swimmer's best effort is generally on their first start. They should not be penalized for a good start by having a race recalled due to someone else false starting. The penalty for the false start will be imposed to the offender after completion of the swim. It is each swimmer's responsibility to focus on their own start and race and not be affected by actions of another on the blocks. A reaction to movement by another swimmer could result in a disqualification if confirmed by the referee or, at the very least, find them self being caught on the block. Additionally, all other violations are called after the completion of a swim.

**STARTER RESPONSIBILITIES**

If the starter observes a false start, the race will continue without recall and will record the lane/s in violation and report it to the referee. Any other information observed by the starter should also be reported.

If the movement occurred before the signal and the starter has time to stand the heat, no signal shall be given and the offending swimmer will be disqualified by the referee or designee after confirmation with the starter. All other swimmers entering the water upon reacting to the "stand" command shall be released. The starter may inform the heat "please hold a motionless position". The heat is then restarted.

A recall by the starter for unusual circumstances that affect the racing course (i.e. - a lane line breaks) is appropriate.

**REFEREE RESPONSIBILITIES**

The referee must observe the start for movement or any irregularities, if any, immediately record the observation but shall allow the race to continue without recall. Communication with the starter for confirmation will determine if there was a false start. Upon confirmation, and the completion of the race, the referee or designee shall inform the swimmer of the violation. If a heat is instinctively recalled, the referee will relieve the heat and restart.

**RECALL STARTER**

A recall starter will not be used with this procedure. The starter shall have full responsibility of ensuring that proper starting procedures occur.